

## ARE YOUR NOSE & EYES RUNNING?

## THIS YEAR'S POLLEN SEASON STARTED EARLY & SO DID WE!

VISIT <a href="https://www.cabq.gov/airquality">www.cabq.gov/airquality</a>
FOR THE DAILY POLLEN COUNT.

SIGN UP FOR FREE EMAIL NOTIFICATIONS, &
THEN YOU'LL KNOW WHY
YOU ARE RUNNING.
WE WILL REPORT DAILY
(MONDAY THROUGH FRIDAY)
POLLEN DATA UNTIL OCTOBER 2005.



Environmental Health Department Air Quality Division

Notice to persons with disabilities: If you have a disability and require special assistance, please call (505) 768-2600 (voice). TTY users, please call the New Mexico Relay at 1-800-659-8331.



Alfredo R. Santistevan Director